



Preferred Snacks

Fruits

- Prepackaged apple slices
- Bananas
- Fruit cups
- Applesauce
- Mandarin oranges

Healthy Snacks

- String cheese
- Pudding cups
- Yogurt pouches
- Prepackaged carrot & celery sticks
- Cheerios cereal

FOOD ALLERGIES

To ensure the safety of the children who have food allergies, the parents of the children who require an EpiPen Jr. or AuviQ must provide their own daily snack.

HOPE Preschool attempts to be a nut-free facility. **Please do not send any food that contains any type of nut or nut oil.** Please read labels carefully, not only for products containing nuts but also nut oil.

Other Snacks

- Rold Gold Pretzels
- Goldfish Crackers
- Nabisco Animal Crackers/Nilla Wafers
- Mini Muffins
- Pirates Booty

Other brands that are 100% NUT FREE are: Made Good, Enjoy Life and Kinnikinnick

Birthdays ONLY

- Mini Cupcakes
- Confetti Mini Muffins
- Oreos
- Rice Krispy Treats
- Chips Ahoy Cookies

NO HOMEMADE GOODS OF ANY KIND WILL BE SERVED.
ALL SNACKS MUST BE UNOPENED CONTAINERS WITH LABELS WRITTEN IN ENGLISH.