



HOPE PRESCHOOL
A MINISTRY OF CROSSROADS UMC



Snack Guide for HOPE Families

Fruits

- ☐ Prepackaged apple slices
- ☐ Bananas
- ☐ Fruit cups
- ☐ Applesauce
- ☐ Mandarin oranges

Healthy Snacks

- ☐ String cheese
- ☐ Pudding cups
- ☐ Yogurt pouches
- ☐ Prepackaged carrot & celery sticks
- ☐ Cheerios cereal

FOOD ALLERGIES

To ensure the safety of the children who have food allergies, the parents of the children who require an EpiPen Jr. or AuviQ must provide their own daily snack.

HOPE Preschool attempts to be a nut-free facility. **Please do not send any food that contains any type of nut or nut oil.** Please read labels carefully, not only for products containing nuts but also nut oil.

Other Snacks

- ☐ Rold Gold Pretzels
- ☐ Goldfish Crackers
- ☐ Nabisco Animal Crackers
- ☐ Mini Muffins
- ☐ Pirates Booty

Birthdays ONLY

- ☐ Mini Cupcakes
- ☐ Confetti Mini Muffins
- ☐ Oreos
- ☐ Rice Krispy Treats
- ☐ Chips Ahoy Cookies

**NO HOMEMADE GOODS OF ANY
KIND WILL BE SERVED.
ALL SNACKS MUST BE UNOPENED
CONTAINERS WITH LABELS
WRITTEN IN ENGLISH.**